

# The INFORMER

Volume 14, Issue 8, September, 2019

**School Holidays. 23rd Sept. – 4th Oct.**

**End of August event – don't miss it.**

## HEALTHY AGEING AND STAYING CONNECTED

Power Point presentation and discussion run by Robyn Kerdel of the RACV. Covers the following topics –, keeping active, healthy ageing, getting around, transport, internet use & scams, etc. Book in a.s.a.p. On **Thursday August 29th at 10.00am** at Kanyana. Come for a cuppa as well. All welcome.

## MOVIE LOVERS - "Downton Abbey"

**Wed. 18th Sept. at COPACC.** This month we are going to the theatre for real!! The worldwide phenomenon Downton Abbey, becomes a grand motion picture event, as the beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the King and Queen of England will unleash scandal, romance and intrigue that will leave the future of Downton hanging in the balance. **The movie will be screened at 1pm.** - mention you are a U3A member and ticket cost will be \$8.50. It is hoped you will stay for a cuppa and chat afterwards.



## SHAKESPEARE THEATRICAL DVD

This event will be cancelled for this year due to technical and attendance problems. It should recommence next year. Thank you to all those who supported it. Margaret Parmigiani

## ARMCHAIR TRAVEL

Friday September 27th at 10.30 am at South-West Family Church. This month will feature Olive Jeffery telling of her UK travels by canal boat, and visiting the Appleby Horse Fair.

**We mourn the passing of our friend and leader Martin Roche. Thank you to Ken Riches for hosting our August meeting.**



*Beryl and her group of Social Card Players.*

## BUSHWALKING

11th Sept. Another Gravel Pit track  
 25th Sept. Dando's Camping ground.

## GREAT SONGS

Wal Wall presents an hour of song on the 2nd & 4th Wednesdays at 2pm. at his home, 18 Church St. Sept. will feature Early Country & Western on the 11th Sept., and Operetta on 25th Sept.



## GARDENERS – POTTING SHED

We are beginning a Nursery Crawl on 9th Sept. This month's visit is Special Effects Nursery, 215 Barongarook Rd, Barongarook We'll meet at 1.00pm at the gate, and at Kanyana at 12.40 if you are car-pooling. You might need your credit card!

## KNITTING & CROCHET SOCIAL GROUP

New Group. - Bring your yarn, knitting needles, crochet hooks etc. to have a yarn over morning tea Every Wednesday 10-11.30am. Register your interest at the Office please

## GALLOPING GOURMETS

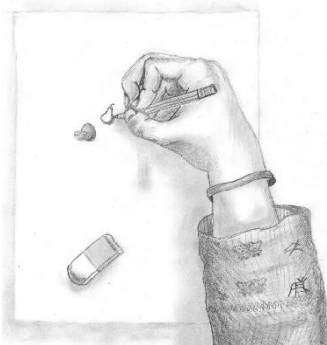
**We are not lunching this month.** Watch for next month's news.

**PATCHWORK AND QUILTING** is now 2 days but different times each session 1st Friday EACH month will be 9.30-2.30 BYO lunch. 3rd Friday 9.30-12. Dates are 6th September and 20th September.

### NEW CLASSES UPCOMING:

#### DRAWING CLASS.

Starting on Monday 16th September from 10 - 12 at Kanyana. It will be held monthly on the 3rd Monday of the month. An information sheet on the class details will be available at the office. If interested, please leave your name and details at the U3A Office.



#### JAPANESE LANGUAGE CLASS.

Starting on the **14th October at 5p.m. at Kanyana.** This class will be 1 hour long. If interested, please give your name and details at the U3A Office.

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### SOME OTHER EVENTS FOR SENIORS.

**WISER DRIVER** A refresher course for responsible older drivers. A 4 week course for drivers over 50 and resident in the Colac Otway Shire.

WHEN: Mondays November 4th, 11th, 18th, 25th  
TIME: 1.00 -3.00

at Colac Neighbourhood House, 23 Miller St.

COST: Free. BOOKINGS: 52 31 2822 or email [admin@communityhubinc.org.au](mailto:admin@communityhubinc.org.au)

#### GENERATION GAP PLAYGROUP

An intergenerational playgroup for grandparents or carers looking after 0-4 year olds and wanting to access a playgroup and socialise with other older people.

WHERE: The Pool Room at Mercy Place. 83-89 Queen St. Colac.

WHEN: Starts Sept.1st. Every Friday 10.30-12.00

Office: 55 Hesse Street, Colac VIC 3250

Phone: 5231 4435

Monday to Friday, 10 - 12 noon.

Email: [u3acolaco@gmail.com](mailto:u3acolaco@gmail.com)

**U3A Colac Otway Inc** is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Chris Smith and Richard Riordan MP.

**U3A Committee:** Rosemary Richardson (Pres) Jennifer Todorovic (Sec), John Skewes (Treas), Barb Gower (Office Co-ord), Tony Brown (Membership). Jacqui Campbell, Robyn Perrin, Sue Warriner, Margot Griffiths, Michael Allison, David Learmonth, Georgia MacCreadie. Pauline Dobber, (members). **Informer Editor:** Vivienne Wheeler.

### Extended office hours..... Thursdays 10-2pm.

Please note, we now have extended office hours so that those who are unable to attend office in the mornings can come in at lunchtime on Thursdays.

### Tutors note –

**Thank you to those tutors who have been able to write a small (approx. 50 word) explanation of their course. If you have not yet done so, we would appreciate your paragraph a.s.a.p. to your activity leader. This will be used in our new website.**

## JOKES

After much nagging from his wife, Sam was visiting the audiologist. Yes, he would need hearing aids and they ranged in price from \$10.00 to \$2,000, was what he was told. "I'll try the \$10.00 pair" Sam said. The nurse placed the hearing aids into his ears and hung a wire around his neck. "Does the wire really have to be around my neck?" asked Sam. "Why of course!" replied the nurse. "You think these things in your ears do anything?! It's the wire around your neck – it makes people talk louder!"

**The Internet -What's that?** "C'mon Ma you have got to try it" I pleaded to my elderly Mother. I don't know how my Mother lasted this long without ever using the internet, but enough was enough! I thought. "Ok" she said reluctantly settling down by the computer and slowly putting on her reading glasses "what do I do now?" "Now I'm going to open the home page of google", I explained. "OK here it is! Now type in ANY question you want into the bar over here and you will find an answer to your question." I confidently assured her. My Mother looked at me warily, thought for a second, and slowly began to type, How is Gertrude doing this morning?

## COURSE LIST 2019 - RING the office for information & to book into classes

Kanyana - F: Front room, B: Back room, O: Office

| ARTS & CRAFTS                        | Day        | Time                             | Venue           | Details   |
|--------------------------------------|------------|----------------------------------|-----------------|---|
| Drawing Class                        | Monday     | 10-12                            | Kanyana         | 3rd Mon. of month 16th Sept.  |
| Embroidery                           | Thursdays  | 10-12                            | Library         | Weekly Not school holidays  |
| Patchwork & Quilting                 | Fridays    | 9.30am                           | Kanyana F       | Friday 1st & 3rd. of month 6th and 20th Sept. BYO lunch on 6th.   |
| Knitting/Crochet group               | Wednesday  | 10-11.30                         | Nu Deli         | Morn/tea at own cost. See Informer.   |
| BRAIN FOOD                           | Day        | Time                             | Venue           | Details   |
| Bridge                               | Mon & Fri  | 12:30-4.00                       | Kanyana B       | Weekly  |
| Chess Club                           | Fridays    | 10-12                            | Kanyana F       | Weekly  |
| Colac Writers Guild                  | Tuesdays   | 9.45-12.00                       | Library         | Weekly  |
| Social Cards                         | Tuesday    | 10-12                            | Kanyana F       | Weekly  |
| Cryptic Crosswords                   | Thursdays  | 11-12                            | Library         | Weekly Not school holidays.   |
| Poetry Appreciation                  | Wednesday  | 3-4pm                            | Kanyana B       | In recess.  |
| Scrabble                             | Tuesday    | 1-3pm                            | Kanyana F       | 1st & 3rd Tues. 3rd & 17th Sept.  |
| Shakespeare Discussion               | Tuesday    | 10-12                            | Kanyana B       | In recess 3rd. term. Resume term 4.   |
| Shakespeare Theatrical DVD           | Tuesday    | 1-4pm                            | Kanyana F       | In recess till 2020   |
| HEALTH & WELLBEING                   | Day        | Time                             | Venue           | Details   |
| Bushwalking                          | Wednesday  | 9am                              | various         | 2nd & 4th Wed. 11th & 25th Sept.  |
| Cycling - SLICS                      | Mondays    | 9-10am                           | Botanic Gardens | Weekly - Meet at BBQ - Weather permitting   |
| Line Dancing                         | Fridays    | 10.30-11.45                      | Kanyana B       | 2 <sup>nd</sup> & 4 <sup>th</sup> Fri 13th Sept. Not school holidays  |
| Tai Chi/Qi Gong - Beg & Intermediate | Tuesdays   | Beg.4:15-5:00<br>Int. 5.00-5.45  | Kanyana         | Weekly 3rd. 10th, 17th Sept. Not school holidays  |
| Tai Chi/Qi Gong –Beg.& Intermediate  | Wednesdays | Beg.12:15- 1:00<br>Int.1.00-1.45 | Kanyana         | Weekly 4th, 11th, 18th Sept. Not school holidays  |
| Tai Chi/Qi Gong Club                 | Wednesdays | 1:15 – 2:30                      | Kanyana         | Weekly - <span style="background-color: #FFD700;">Not 1st Wed. of month</span> 11th & 18th Sept.<br>Not school holidays |
| Walking Group                        | Friday     | 9-10am                           | Botanic Gardens | Weekly, meet at Botanic Gardens main gate. Some away walks.   |

| <b>LANGUAGES</b>                             | <b>Day</b>  | <b>Time</b>     | <b>Venue</b>             | <b>Details</b>   |
|--|-------------|-----------------|--------------------------|--|
| French Conversation                          | Mondays     | 2.30-4.30       | Library                  | Weekly -   |
| Conversational German                        | Thursday    | 1 – 2.30pm.     | Seniors room. Birregurra | 12th Sept. Not school holidays   |
| Mandarin                                     | Mondays     | 4-5pm.          | Kanyana                  | Weekly - Not school holidays   |
| <b>MUSIC</b>                                 | <b>Day</b>  | <b>Time</b>     | <b>Venue</b>             | <b>Details</b>   |
| Classic Music-evening                        | Monday      | 6:30-9pm        | Prvt. Homes.             | 3rd Mon of month 16th Sept.  |
| Great Songs<br>Songs from various eras       | Wednesday   | 2-3pm.          | 18 Church St. Colac      | 2nd & 4th. Wed. of month 11th & 25th Sept.                                 |
| Zither Dither                                | Friday      | Birre.1.30-3pm. | 71 Main St. Birre        | Birre – 1st & 3rd Friday of month. 6th & 20th Sept.<br>Not school holidays |
| <b>SOCIAL INVOLVEMENT</b>                    | <b>Day</b>  | <b>Time</b>     | <b>Venue</b>             | <b>Details</b>   |
| Armchair Travel                              | Friday      | 10.30-12        | SWF Church               | Monthly - 4 <sup>th</sup> Friday 27th Sept.                                |
| Dinner Date                                  | Tuesday     | 6pm.            | East Hotel, Colac        | Monthly - -4th Tues, 24th Sept. Book by 20th Sept.                         |
| Film/ Movie lovers.                          | Wednesday   | Start - 1pm.    | COPACC                   | Monthly - 3rd Wed. details in Informer 18th Sept.                          |
| Galloping Gourmets                           | Wednesday   | --              | --                       | Monthly. No dining in Sept. “Gone fishing”                                 |
| Gardeners - Potting Shed                     | Monday      | 1pm.            | Special Effects Nurs.    | Part 1- Nursery Crawl 9th Sept. Carpooling at 12.40                        |
| Malt Whisky Society                          | Monday      | 7-10pm          | Members homes            | Monthly - 2nd Monday 9th Sept.   |
| <b>TECHNOLOGY</b>                            | <b>Day</b>  | <b>Time</b>     | <b>Venue</b>             | <b>Details</b>   |
| Android Tablets & Smartphones                | Wednesday   | 2.30-4pm.       | Kanyana F                | Weekly – Not school holidays.  |
| Computers for Beginners                      | TBA         | TBA             | Office                   | Book at office. Not school holidays.                                       |
| Recording Family History                     | Wednesday   | 10-12noon       | Kanyana B                | Weekly - Combined with Laptop Club. Not school hols.                       |
| Ipad + Iphone Club                           | Thursdays   | 2-4pm.          | Kanyana B                | Weekly - Not school holidays.  |
| Laptop Club – PC + Mac                       | Wednesdays  | 10-12           | Kanyana B                | Weekly - Not school holidays.  |
| 1 on 1 help for iPads, Tablets & Smartphones | Wed /Thurs. | 1-2pm.          | Kanyana                  | Need to book at office. Bring your own device.<br>Not school holidays.     |

**Classes by week days - some are weekly, others are one off \*, twice monthly or monthly -  
See course lists.**

**Other classes are offered on an ad hoc basis.**

| <b>Monday</b>            | <b>Tuesday</b>                            | <b>Wednesday</b>  | <b>Thursday</b>           | <b>Friday</b>             | <b>Sat</b> | <b>Sun.</b> |
|--------------------------|---|---|---------------------------|---------------------------|------------|-------------|
| 9.00 Cycling-Slics       | 9.45 Writers Guild                        | 9.00 Bushwalking  | 10.00 Embroidery          | 9.00 Walking              |            |             |
| 10.00 Drawing            | 10.00 Social Cards                        | 10.00 Laptop Club   | 10.00 Older & Wiser talk* | 9.30 Patchwork & Quilting |            |             |
| 12.30 Bridge             | 10.00 Committee                           | 10.00 Knitting/Crochet  | 11.00 Cryptic Xwords      | 10.00 Chess Club          |            |             |
| 1.00 Gardeners/Pot.shed  | 1.00 Scrabble                             | 10.00 Family History  | 1.00 German Conversation  | 10.30 Armchair Travel     |            |             |
| 2.30 French Conversation | 4.15 Tai Chi/begs<br>5.00 Tai Chi/interm. | 1pm. Movie Lovers   | 2.00 iPads & iPhones      | 10.30 Line Dancing        |            |             |
| 4.00 Mandarin            | 6.00 Dinner Date                          | 12.15 Tai Chi/begs<br>1.00 Tai Chi/interm.<br>1.15 Tai Chi Club |                           | 12.30 Bridge              |            |             |
| 6.30 Classic Music       |   | 2.00 Great Songs  |                           | 1.30 Zither Dither-Birre  |            |             |
| 7.00 Whiskey Society     |   | 2.30 Tablets. & Smartphones.(android)                           |                           |                           |            |             |