

The INFORMER

Volume 15, Issue 3, February 2021

Welcome to the new committee. We are looking forward to the year, though Covid continues to hold some things up. We are doing our best and hope to arrange an enrolment/welcome day soon. Hoping all members return and if you know someone who would enjoy being part of U3A bring them along.
George Tolley - President U3A Colac Otway

The office will open on Monday 22nd Feb
Activities and courses to start on Monday 1st March

GARDENERS - POTTING SHED

Gardeners for March will be on Monday 15th March at 1pm. By popular request this will be a return visit to the Special Effects Nursery at 215A Barongarook Rd, Barongarook. The nursery specialises in Australian Native Plants for farms, as bush tucker and garden landscaping. Please leave a message at the U3A Office if you require transport to Barongarook.



LET'S HAVE DINNER

This course will be starting again on the fourth Tuesday of the month at 6pm at the Colac East Hotel. The first dinner will be Tuesday 23rd March. If you wish to go, please ring Jacqui on 0411 296 617 by Friday 19th March.

MOVIE LOVERS

We will be combining with the Corangamite U3A group for movies. They will be held on the fourth Thursday of the month at COPACC usually at 2pm. At the moment we don't know what movie will be screened on 25th March. There will be no afternoon tea at COPACC due to co-vid restrictions, but the cinema is keen to see as many U3A members as possible. If you wish to attend please book at the U3A office by the previous Thursday, 18th March.

SLICS: 8th March the ride round the Lake is a birthday request from a keen member (turning 80).



GALLOPING GOURMETS

At 12:30 pm on Friday 12th March, we will meet at Golden Sky Indian Restaurant, 223-225 Murray St, Colac. Golden Sky has an extensive menu, whether you like it hot or mild with delicious spices and herbs. Numbers will be limited to a maximum of ten diners. Please book by calling Sandra on 0428 284 084 by Tuesday 9th March. There will be an emergency list if more than ten people are interested. You will be contacted if someone is unable to attend and you are next on the emergency list.

FRENCH CONVERSATION

Participants have varying ability levels in speaking French and are given the opportunity to practise the language at their own level in a friendly and inclusive atmosphere. Current reading material from France is made available to members, free of charge. BYO refreshments if desired.

THE ZITHER ZOOM sessions will be on every 1st Monday of the month at 1:30pm. They are cost free - all U3A members are welcome. Zither players who are not already on the mailing list will need to register on the website to receive the monthly Zoom link and playlist.

<https://runningwithzithers.com/zither-zooms/>

*In-house Zither groups will be held every Tuesday at 1:30pm in the Zither House and U3A members are very welcome. For the time being there will be reduced-numbers groups (6 only) which is why I hold them every Tuesday, giving everyone a chance to come and play at least once a month. It will be up to members to choose a Tuesday that suits them and book themselves in or risk being turned away if the class is full; for instance the last Tuesday of the month is already full. This year I will have to charge \$10 to attend and receive tune sheets so I can keep going. No classes will be held during school hols or public holidays.



Sue Reid has decided to minimize both **KNITTING AND CROCHET AND PATCHWORK AND**

QUILTING to one half day each month until there is more certainty about everything. Contact Office by 10th March if you are interested.

Computer Clubs – 2021

Welcome to a New Year and a changed World. Provided we are able to tick all the boxes in a complex Covid Plan, we are looking to a commencement of face - to - face meetings on Thursday 4th. March. For those not comfortable with resuming class situations, the Wednesday Morning Zoom session that have been running since September will continue and hopefully be enhanced and offered to more participants. 10 a.m. to 11 a.m. or whenever. Register your interest at alincolac41@gmail.com for instructions and link.



Thursdays 10 – 11.30 Macbooks, iPads, iPhones. First & Third Thursdays (if Poetry returns).

Each Thursday if no poetry.

Thursdays 12 – 1 : One to one help or beginners. Strictly 1:1 by booking at office 5231 4435.

Thursdays 1.30 p.m. – 3.30 p.m. Windows Laptops/Surface/Convertables.

(to be out in time for cleaning & airing in time for Jam Session)

Android Phones and Tablets :- register your interest and we will work out where to go from here.

Course Outlines:

10 minutes sign in & hear rules; 20 minute lecture type blocks plus Q & A and discussion time. Questions that may interest the class(or require research); own time &/or individual help[as Covid rules permit]

4th. :- Know your machine – parts – ports – wi-fi connect. Computer basics – terms & icons.

11th. :- Files & Folders Pt. 1.

18th. :- Files & Folders Pt. 2

25th. :- Internet ; Safety ; Browsers ; Search Engines; Downloads;

April to be planned in response to your preferences.

At his stage all activities will be confined to the back room, with entry via the door(s) off Bromfield Street. Own Masks to be worn; hand sanitizer

supplied; Attendance registered; 1.5 m distancing and 4 sq. Mtrs per person cap on room capacity. (At this point actual method of recording not decided) One [only] person to handle trestles, cords, plugs, peripherals etc- set up & dismantle. Nominated (gloved) person to clean & sanitize all equipment used and surfaces contacted.



At this time we are not able to offer food or drink (bring own water bottle).

In time we may get permission to use rear door/garden patio for tea/ coffee/ wrapped biscuits. Like the Government rules and the Shire overlay conditions, all the above may change at a moment's notice - we will need to have your email address and phone contact recorded for quick dissemination of updates.

It is my understanding the Office will be staffed and have course list sheets to register your interest, however if your field of interest in the I.T. group is not mentioned - speak-up – others may have similar requirements and we can plan ahead.

Please be sure to register your interest – numbers may need to be capped and we would need to give preference on first in basis.

Alan McLachlan, Tutor, Computers & I.T.

CLASSIC MUSIC will go ahead pending decisions on Covid restrictions.

WHY SHAKESPEARE?

As a class we look at Shakespeare's relevance today—an overview of his works, language and times. We do this through handouts and general discussion. Then, using film and extracts, the group will study a selected play/plays in more detail. Interested? Come along for more details.

Bernie Gartland



LINE DANCING: Unfortunately we can't offer line dancing this term, but hope to do so later in the year. You may like to go to Marlene's Monday evening class at Elliminyt to get back into the swing!

Olivia Goto will be unable to teach **JAPANESE** this year due to family commitments. If things change in her life, she will get back to us as a possible teacher for some time in the future.

If in doubt about anything – courses, venues, times, bookings, etc. - phone the Office 5231 4435 or call in between 10am and 12noon. Remember, your 2020 paid membership gives you free membership for this year.

There will be a few copies of Informer at the Office for those not on-line.

Covid-19 Guidelines

As per regulations updated 17 February 2021 –

Guidelines will be updated and circulated as information changes



1. DO NOT ATTEND IF FEELING UNWELL

- a. All persons displaying symptoms of Covid-19; have loss or change in sense of smell or taste, fever, chills or sweats, cough, sore throat, shortness of breath or runny nose
- b. Have In the last 14 days been in contact with a confirmed case of Covid-19
- c. Are currently required to self-isolate or self-quarantine

2. PRACTICE GOOD HYGIENE

- a. Use hand sanitizer when entering building and before handling shared equipment
- b. Wash hands frequently
- c. Cough/sneeze into elbow
- d. Members are requested to practice social distancing where practicable

3. UPDATE PERSONAL DETAILS WHEN ENROLING

- a. Enrolment can be done by email, phone or in person.
- b. **Update your details if they have changed since last year. As restrictions change we may need to contact you quickly. Update your phone number, email address etc. by email, phone or with the office.**

Email

u3acolaco@gmail.com

Ph 5231 4435 –

4. OUTDOOR ACTIVITIES

- a. Masks should be worn if unable to social distance
- b. Masks should be worn if car pooling

5. INDOOR ACTIVITIES

- a. Masks must be worn indoors (unless unable to due to health reasons)
- b. Members should NOT congregate in passageways

- c. Members to take into account limits on passageways and rooms at all venues
- d. Tables and chairs to be wiped down with sanitizer (supplied) at the end of each session by rostered class members
- e. Preference is for only one person to set up and handle supplies and equipment
- f. Groups/pairs are requested to stay at the same table each week when participating in activities
- g. Members are requested to follow guidelines of any premise that they visit

6. MASKS

- a. Must be carried with you at all times
- b. Must be worn inside buildings
- c. Must be worn outside where you cannot social distance
- d. Must be worn when car pooling

7. FOOD AND DRINK

- a. Should not be shared
- b. All members to bring their own water bottle

8. ATTENDANCE REGISTER

- a. Attendance at all classes and visits to the building need to be recorded.
- b. Records need to be retained for 28 days

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Office - 55 Hesse Street, Colac VIC 3250 Phone: 5231 4435

Monday to Friday, 10 - 12 noon.

Email: u3acolaco@gmail.com

U3A Colac Otway Inc is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Richard Riordan MP. **U3A Committee:** George Tolley (Pres), Rosemary Richardson (V.Pres), Clare Short (Sec), Robyn Perrin (Treas), Barb Gower (Activities C'tee), Judy Comley (Activity C'tee) Tony Brown (Membership). Jacqui Campbell, Michael Allison, Jenny Todorovic, John Skewes, Tony Holland, Angela Thomas (members).
Informer Editor; Vivienne Wheeler

COURSE LIST 2021 – RING the office for information and to book into classes.

KANYANA – F: Front room, B: Back room, O: Office

ARTS AND CRAFTS	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Embroidery	Weekly	Thursday	10 – 12.30	Colac Library	Not school holidays Subject to available room	
Patchwork and Quilting	26th March	Friday	9.30am -12noon	Kanyana F	4th Friday of month	Old & new members welcome.
Knitting/Crochet	17th March	Wednesday	10.00 – 12.30	Various venues	Morning tea at own cost	3rd. Wed. of month
Social Machine Embroidery	14th March	Sunday	10.00am – 4.00pm	Kanyana F	2nd Sunday of month	BYO lunch and machine

BRAIN FOOD	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Bridge	Weekly	Monday and Friday	12.30 – 4.00pm	Kanyana B	Not Mon, 1st or 8th March	Come along 5/3 to discuss ongoing Bridge
Chess	Weekly	Friday	10.00 am – 12 noon	Kanyana F		
Colac Writers Guild	Weekly	Tuesday	2 – 4 pm.	La Porcetta restaurant		
Social Cards	Weekly	Tuesday	10.00 am – 12 noon	Kanyana F		We will just start with once a week
Cryptic Crosswords	Weekly	Thursday	11.00 am – 12 noon	Library		Come along & plan for our group
Scrabble	2nd & 16th March	Tuesday	1.00pm – 3.00 pm	Kanyana F	1st & 3rd Tues.	
Puzzles	Weekly	Monday	10.00 – 11.00	Library	Not 8th March	Come along & solve them
Shakespeare	Weekly	Tuesday	10.00 – 12.00	Kanyana B		Why Shakespeare? Come along for more details
Poetry	11th & 25th March	Thursday	10.00 – 11.30	Kanyana B		

HEALTH AND WELL BEING	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Bushwalking	10th & 24th March	Wednesday	9.00am to finish of walk	Various	2 nd and 4 th Wednesday each month	Meeting places available through Office
Cycling - SLICS	1st March – a ride round lake	Monday	8.30 – 10.00am	Botanic Gardens	23rd March – out of town ride.	Meet at Playground end, at car park
Tai Chi / Qi Gong	3rd, 17th, 31st March	Wednesday	1.00-2.30pm.	Botanic Gardens meet at main gate	Class depends on dry weather	Bring hat, sunscreen & chair.
Walking Group	Weekly	Friday	9.00 – 10.00am	Botanic Gardens Meet at gates	Participants choose appropriate walks	Cuppa to follow

LANGUAGES	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
French Conversation	Weekly	Monday	2.30 -4.30pm	Colac Library		
Mandarin	Weekly	Monday	4.00 – 5.00pm	Kanyana F	Not school holidays	

MUSIC	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Classic Music Evening	15th March	Monday	6.30 – 9.00pm	Member's homes	3rd Monday of month	
Zither Dither		Monday	1.30 – 3.00pm	Zoom meeting	Not school hols or public hols.	Paid class at Zither House, Birre. See newsletter article.
Jam Session	11th & 25th March	Thursday	4.00 – 6.00pm	Kanyana B	2 nd and 4 th Thursday each month.	

SOCIAL INVOLVEMENT	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Film/ Movie Lovers	25th March	Wednesday	Varies. Check at the Office or in The Colac Herald.	COPACC	4 th Thursday each month	Book at U3A office by previous Thurs. 18th.
Galloping Gourmets	12th March	Friday	12.30pm	Golden Sky Indian 223 Murray St.	Maximum 10 diners	Book with Sandra 0428-284-084 by Tues.9th Mar.
Gardeners – Potting Shed	15th March	Monday	1.00pm	Special Effects Nursery, 215A Barongarook Rd.		Contact Office if you need transport.
Let's have Dinner (prev. Dinner Date)	23rd March	Tuesday	6.00pm	Colac East Hotel	4th Tuesday of month	
Malt Whisky Society	9th March –	Tuesday	7.00 – 10.00pm	Member's homes	2 nd Tuesday each month	

TECHNOLOGY	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Macbooks, iPads, & iPhones	4th & 18th March	Thursday	10 – 11.30am	Kanyana B	If no Poetry, class will be every Thursday	
Windows Laptop, Surface, Convertibles		Thursay	1.30 - 3.30pm.	Kanyana B	Prompt finish to allow for cleaning etc. for Jam Session at 4pm.	
Android phones & Tablets	-	-	-	-	Register your interest	
Computer Help 1:1		Thursay	12noon		By arrangement – book at the Office	

Classes by week days - some are weekly, others are one off *, **twice monthly** or **monthly** -
See course lists.

Other classes are offered on an ad hoc basis.

Monday	Tuesday	Wednesday	Thursday	Friday	Sun.
8.30 Cycling-Slics	10.00 Social Cards	9.00 Bushwalking	10.00 Embroidery	9.00 Walking	10am – Social Machine Embroidery
10.00 Puzzles	10.00 Shakespeare	10.00 Knitting/Crochet	10.00 Poetry	9.30 Patchwork & Quilting	
12.30 Bridge	10.00 Committee	1.00 Tai Chi	10.00 Mac, iPad, iPhone	10.00 Chess Club	
1.00 Gardeners/Pot.shed	1.00 Scrabble	2.00 Movie Lovers	11.00 Cryptic Xwords	12.30 Galloping Gourmets	
1.30 Zither (Zoom)	2.00 Writers Guild		12.00 Computer help 1:1	12.30 Bridge	
2.30 French Conversation	6.00 Let's have Dinner		1.30 Windows, Laptops		
4.00 Mandarin	7.00 Malt Whiskey		4.00 Jam Session		
6.30 Classic Music			.		