

# The INFORMER

Volume 15, Issue 6, June, 2021

Queen's Birthday Holiday - 14<sup>th</sup> June  
SCHOOL HOLS - Mon 28<sup>th</sup> June – Resume on  
Mon 12<sup>th</sup> July

## PRESIDENT'S REPORT.

**May activities:** Thursday 6<sup>th</sup> May our 'Welcome & Enrolment' day was held at the RSL. This well attended event provided a welcome opportunity for some friendly chatting, while enjoying the refreshments provided. Thank you to George, for arranging this successful day.

Tuesday 11<sup>th</sup> May our AGM was held and well attended. Thanks to George Tolley who has been guiding us for the past months but has now needed to step down while he attends to some health issues. We look forward to his return in the future.

We welcome Paul Durr who has filled the vacancy on the committee. Despite the restrictions of Covid, the U3A year has so far gone remarkably well, and it is good to see so many members back enjoying a variety of the activities. *Rosemary Richardson*

## LET'S HAVE DINNER

The next dinner is booked for the East Hotel on the fourth Tuesday of the month, 22nd June at 6pm. Please note there are five Tuesdays in June. This is the fourth Tuesday, not the last Tuesday. Please ring Jacqui on 0411 296 617 by 18th June, if you are a new attendee or if you are a regular and are unable to come to this evening.

## GARDENERS GROUP

In June the Gardeners group will meet on Tuesday 8th June at 1pm at Tom and Michael's delightful garden at 175 Woodrowvale Rd Elliminyt. Please note that this is the second Tuesday rather than the usual second Monday of the month.

## MOVIE LOVERS

We will again be combining with the Corangamite U3A group for movies. They will be held on the fourth Thursday of the month at COPACC usually at 2pm. This will be the 24th June. Please book at the U3A office by 17th June and leave your phone number and email address. At this stage we do not know what movie will be screened. You will be contacted by email when the movie is chosen.

## GALLOPING GOURMETS

We will meet next at Colac's newest dining experience, Babil @ Oddfellows, 43 Gellibrand St, Colac at 12:30pm on Friday 11th June. Serdar Basoglu, the restaurant owner has worked in Australia and internationally and is pleased to be bringing his love of Turkish and French cuisine to Colac. Please book by calling Sandra on 0428 284 084 by Wednesday 9th June.

## MALT WHISKY GROUP

We still have a limited number of places available in this group if you would care to join. We meet once a month in a friendly home environment to savour our favourite drink. Both gentlemen and gentlewomen will find a warm welcome. Please contact the U3A Colac Otway office and leave a message for us to contact you if you wish to enquire further.

## RECYCLING & WASTE TALK



*Janet Forbes enlightening us about rubbish disposal  
"What a load of RUBBISH!"*

Do you know what to do with it? There are brochures available at the office with details about how to dispose of various types of household waste."

Late May event – check next page.

## WATER POLO

We are an enthusiastic group who meet at Bluewater Indoor Pool in Colac to play Walking Water Polo. Every Thursday, at 1:30pm, we play 4 quarters, lasting about 12 minutes each. Our ages range from about 55yrs to 80yrs. Our aim is to have some fun while exercising. The greatest challenge is not to swallow water when laughing. There is no swimming involved. New players (no experience necessary) are always welcome! We have a Facebook page called 'Colac WW polo' where we keep in touch. Have a look.



*These cheery faces play Walking Water Polo weekly*

## REMINDER - REGISTER TO RECEIVE YOUR VICTORIAN SENIORS CARD OFF-PEAK TRAVEL VOUCHERS THIS YEAR

Victorian Seniors Card holders need to opt-in to receive free travel vouchers by registering at the [PTV website](https://www.ptv.vic.gov.au). Card holders only need to register once. If you are a new card holder please note that to receive your free off-peak travel vouchers you now need to opt in by registering at [www.ptv.vic.gov.au/vouchers](https://www.ptv.vic.gov.au/vouchers) and you'll receive vouchers in the mail each year. For more information please visit the Public transport Victoria website <https://www.ptv.vic.gov.au/tickets/myki/concessions-and-free-travel/seniors/> or contact Public Transport Victoria at <https://www.ptv.vic.gov.au/footer/customer-service/contact-us/> or call 1800 800 007

## ENERGY SAVING - NOW AVAILABLE

The \$250.00 Power Saving Bonus for Pensioner Concession Card holders and some Health Care Card holders.

Go to – [compare.energy.vic.gov.au](https://compare.energy.vic.gov.au) Submit a Power Saving Bonus application. If you need assistance try – Friends or Family members / Brotherhood of St Laurence 1800 830 029

U3A Geelong is sending an open invitation to attend our upcoming ZOOM lecture **May 28th at 9.30am**

## Amazing Women in Medicine: Compassion and Leadership

Presented by retired Deakin academic Dr. Ruth Lee. Enjoy a fascinating history of one of Geelong's largely unsung heroines.

Dr Mary De Garis was one of the first generation of Australian women to graduate in Medicine and was one of the pioneering women doctors in Australia. Originally from Mildura, she worked in the outback before trying to volunteer for the First World War with the Australian Army. Rejected because she was female, she joined the Irish Medical Corp and served for 2 years in Serbia.



After the War she settled in Geelong where she was beloved by many generations of mothers as Geelong's first obstetrician in the times before antibiotics and blood transfusions. She established the first maternity ward in 1931 at the Geelong hospital and practiced in Geelong for over 40 years. She died in 1963.

This class is open to all. **Note** non members of U3A Geelong can contact Geelong office b/w 9.30 to 12.30 Mon to Fri - 03 5244 5114 or [mail@u3ageelong.org.au](mailto:u3ageelong.org.au) until May 27th when we close enrolments at 11.30; a link will be sent so that people who have enrolled can participate.

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**Office - 55 Hesse Street, Colac VIC 3250**  
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**Monday to Friday, 10 - 12 noon.**  
**Email: [u3acolaco@gmail.com](mailto:u3acolaco@gmail.com)**  
**Website: [u3acolacotway.org.au](https://u3acolacotway.org.au)**

U3A Colac Otway Inc is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Richard Riordan MP. **U3A Committee:** Rosemary Richardson (Pres), Michael Allison (V.Pres), Clare Short (Sec), Robyn Perrin (Treas), Barb Gower (Activities C'tee), Judy Comley (Activity C'tee) Tony Brown (Membership). Jacqui Campbell, Jenny Todorovic, John Skewes, Tony Holland, Angela Thomas, Paul Durr (members). Informer Editor; Vivienne Wheeler

**Course list 2021 – Ring the office for information and to book into classes**  
**Kanyana - F = front room, B = back room, O = office.**

<b>ARTS AND CRAFTS</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>VENUE</b>	<b>DETAILS</b>	<b>OTHER COMMENTS</b>
Embroidery	Weekly	Thursday	10 – 12.30	Colac Library		
Patchwork and Quilting	4th June	Friday	9.30 -12noon	Kanyana F	1st Friday of month	Old & new members welcome.
Knitting/Crochet	16th June	Wednesday	10.00 – 11.30	Nu Deli cafe	3rd. Wed. of month	Morning tea at own cost
Social Machine Embroidery	13th June	Sunday	10am - 4pm	Kanyana	2nd Sunday of month	A friendship self-help group. BYO lunch and machine.

<b>BRAIN FOOD</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>VENUE</b>	<b>DETAILS</b>	<b>OTHER COMMENTS</b>
Bridge	Weekly	Monday and Friday	12.30 – 4.00pm	Kanyana B		Fridays to be advised.
Chess	Weekly	Friday	10.00 am – 12 noon	Kanyana F		More players please.
Colac Writers Guild	Weekly	Tuesday	10.00 – 12.00	Colac Library		Details at the Office.
Social Cards	Weekly	Tuesday &/or Thursday	10.00 am – 12 noon	Kanyana F		
Cryptic Crosswords	Weekly	Thursday	11.00 am – 12 noon	Kanyana F		Beginners welcome
Scrabble	1st & 15th June	Tuesday	1.00pm – 3.00 pm	Kanyana F	1st & 3rd Tues.	
Puzzles	Weekly	Monday	10.00 – 11.00	Library	No meeting on 14th June	Come along, extra help needed to solve puzzles.
Shakespeare	1st, 15th & 22nd June	Tuesday	10.00 – 12.00	Kanyana B	Not 8th or 29th June	Why Shakespeare? Come along for more details
Poetry	10th & 24th June	Thursday	10.00 – 11.30	Kanyana B	2nd & 4th Thursdays	New people welcome

HEALTH AND WELL BEING	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Bushwalking	9th & 23rd June	Wednesday	9.00am to finish of walk	Various	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday each month	Contact office for information
Cycling - SLICS	Weekly	Monday	9 – 10.30am	Botanic Gardens		Meet at Playground end, at car park
Tai Chi / Qi Gong	8th & 22nd June	Tuesday	3.30pm	Kanyana	2nd & 4th week	
Tai Chi / Qi Gong	2nd & 16th June	Wednesday	12.15pm Beginners	Kanyana	1st & 3rd week	
Tai Chi / Qi Gong	2nd & 16th June	Wednesday	1.15pm Skill-builders	Kanyana	1st & 3rd week	
Walking Group	Weekly	Friday	9.00 – 10.00am	Botanic Gardens Meet at gates	Participants choose appropriate walks	Cuppa to follow

LANGUAGES	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
French Conversation	Weekly	Monday	2.30 -4.30pm	Colac Library	Not 14th June	

MUSIC	DATE	DAY	TIME	VENUE	DETAILS	OTHER COMMENTS
Classic Music Evening	21st June	Monday	6.30 – 9.00pm	Member's homes	3rd Monday of month	
Zither Dither	7th June	Monday	1.30 – 3.00pm	Zoom meeting	1st Monday of month Not school or public holidays	Paid class at Zither House, Birre. available.
Jazz	-	Friday	10am – 12.00	Kanyana	No concert for June Next one maybe July.	

<b>SOCIAL INVOLVEMENT</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>VENUE</b>	<b>DETAILS</b>	<b>OTHER COMMENTS</b>
Film/ Movie Lovers	24th June	Thursday	Check at the Office or The Colac Herald.	COPACC	4 <sup>th</sup> Thursday each month	Book at U3A office by 17th June
Galloping Gourmets	11th June	Friday	12.30pm	43 Gellibrand St. Colac		Book with Sandra 0428-284-084 by 9th June
Gardeners – Potting Shed	8th June	Tuesday	1.00pm	175 Woodrowvale Rd. Elliminyt	Note – 2nd Tuesday this month.	Contact Office if you need transport.
Let's have Dinner	22nd June	Tuesday	6.00pm	Colac East Hotel	4th Tuesday of month	Book with Jacqui on 0411296617 by 18th June
Malt Whisky Society	8th June	Tuesday	7.00 – 10.00pm	Member's homes	2 <sup>nd</sup> Tuesday each month	Inquire at Office

<b>TECHNOLOGY</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>VENUE</b>	<b>DETAILS</b>	<b>OTHER COMMENTS</b>
Macbooks, iPads, & iPhones	weekly	Thursday	1.30 – 3.30pm	Kanyana B		
Windows Laptop, Surface, Convertibles	Weekly	Wednesday	10am- 12noon	Kanyana B		
Android phones & Tablets	-	-	-	-	Register your interest at the Office.	
Computer Help 1:1	-	Thursday	12noon		By arrangement – book at the Office	

Classes by week days - some are weekly, others are one off \*, **twice monthly** or **monthly** -  
See course lists.

Other classes are offered on an ad hoc basis.

Monday	Tuesday	Wednesday	Thursday	Friday	Sun.
9.00 Cycling-Slics	10.00 Social Cards	<b>9.00 Bushwalking</b>	10.00 Social Cards	9.00 Walking	10am – 4pm. Social Machine Embroidery
10.00 Puzzles	10.00 Shakespeare	10.00 Laptop Club	10.00 Embroidery	<b>9.30 Patchwork &amp; Quilting</b>	
12.30 Bridge	<b>10.00 Committee</b>	<b>10.00 Knitting/Crochet</b>	<b>10.00 Poetry</b>	10.00 Chess Club	
<b>1.30 Zither (Zoom)</b>	10.00 Writers Guild	<b>12.15pm Tai Chi (Beg.)</b>	11.00 Cryptic Xwords	12.30 Bridge	
2.30 French Conversation	<b>1.00 Scrabble</b>	<b>1.15pm Tai Chi</b>	12.00 Computer help 1:1	12.30 Galloping Gourmets	
<b>6.30 Classic Music</b>	<b>1.00 Gardeners/Pot.shed</b>		<b>1.30 Mac, iPad, iPhone</b>		
	<b>3.30 Tai Chi</b>		<b>2.00 Movie Lovers</b>		
	<b>6.00 Let's have Dinner</b>				
	<b>7.00 Malt Whisky</b>				