



Colac Otway Learn Laugh Live

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Website: [u3acolacotway.org.au](https://www.u3acolacotway.org.au)

Facebook: [U3A Colac Otway](https://www.facebook.com/U3AColacOtway)

Members of U3A Colac Otway can access and participate in programs offered by –
Apollo Bay U3A - <https://www.apollobay.vic.au>
Corangamite, U3A - <https://u3acorangamite.org.au>

The INFORMER

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School holidays 18th-29th Sept.

PRESIDENT'S REPORT

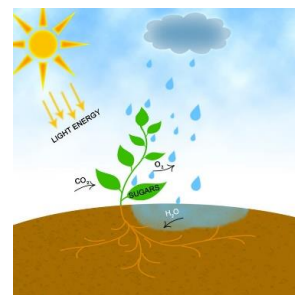
A few days last month suggested Spring is coming and time to think about cleaning windows and removing cobwebs.....maybe. Thanks to all the tutors who provide our regular groups, we wouldn't be here without you!



Those of you, and there were many, who attended Tony Forbes' talk about the 60's instrumental band The Shadows, enjoyed a special treat. Tony demonstrated how The Shadows created their unique sound using the iconic Fender Stratocaster and effects. If you missed this session perhaps Tony may repeat it? Judith Rochecoste continues with her popular art class; don't miss Emelia Wilmot's talk on dog training; Dr Chris Bell, talks about photosynthesis and science; and for music lovers, Michael Allison presents Gustav Mahler's story, told through his symphonies. Spread the word about U3A Colac Otway and bring along a friend. Be sure to read your informer carefully as new sessions are often coming along.

PHOTOSYNTHESIS AND THE POWER OF SCIENCE

Chris Bell will give a talk about the earth's major power source for over 3 billion years looking at how leaves work and how they perform the delicate balancing act of capturing sunlight while reducing water loss.



Although we can observe this happening, a full understanding has long eluded us but new insights have recently given hope of progress, now ever more important in this era of climate change. A personal reflection on research I did at the start of my career only now being carried forward by others Tuesday 19th September at 4.30pm at Kanyana

A SPECIAL DOG TREAT: Dogs: Amazing and Loyal Companions

Dogs have remarkable abilities to communicate, learn, and bond with their owners, as well as to perform various tasks such as herding, hunting, guarding, and assisting.

Assistance Dog Training was established in 2016 by **Emelia Wilmot**, a Professional Assistance Dog Trainer based in Melbourne. Em has experience working as a professional musician since

1989, a Registered Music Therapist since 2004, and now an Assistance Dog trainer since 2016. She grew up between the Otway Ranges and Melbourne with German Shepherds,



West Highland terriers, Kelpies, goats, sheep, horses, cattle, rabbits and chooks. Em decided that working in the mental and physical health disability sector would be so much more enriching with the inclusion of dogs utilised as a living disability aid. **All you dog people come along, and earn your treat!** Friday, 8th September at 2pm. at Kanyana

GARDENERS

A treat awaits you in September with a visit to Paul Kennedy's garden in Elliminyt. Paul specialises in Australian Natives particularly Hakea and Banksia; he is part of a network keeping endangered species alive when they are at threat in the wild. Paul has 165 species of hakeas and 83 species of banksias.

DATE: Wednesday 27th September. 1PM

ADDRESS: 210 Airey St. Elliminyt.

This is the western end of Airey St on the gravel.



GUSTAV MAHLER (1860 - 1911)

A Portrait of the Man Through his Symphonies.

You're welcome to attend a presentation of Mahler and what we can learn of him in his symphonies. At times, his music can be seen as divisive, but the symphonies are always passionate in describing his musical identity.

Sunday, 24 September: 2.30pm - 4.00 pm at Kanyana, 55 Hesse Street.



Jude, Jennie, Viv, Wendy & Garry form the basis of the Monday morning puzzle group at the Library

MAUREEN STAHL

Recently, I was asked by a younger person. What is U3A and what do they do there? Well, what do we do there? That's a big question to answer.

I go regularly to writers group where I get entertainment, stimulation, and encouragement to write, but I've done many other things with U3A.

One of the first set of classes I attended taught me how to self-publish on Lulu and I've put that knowledge to a lot of use since.

There was a day when I got my hands very soapy doing a one off workshop in felting; something I'd never attempted before. I've still got the little bag that I made in that class.

Once I experienced a walk through the Stony Rises, looking at the remains of structures that used to be there and hearing stories about the past.

On another occasion, I went to a vaudeville presentation. I learned all about the origins and execution of vaudeville acts.

I had a short season, playing water polo, and that was a lot of fun.

I learnt to use my iPad more efficiently in another set of classes.

I've been to several very enjoyable movies geared towards people of my age group.

I've experienced different types of food at many different restaurants with the galloping gourmet's.

Before the pandemic I started some drawing classes. As a person who's always claimed to be unable to draw I was delighted when, with the encouragement and instruction of the tutor, I managed to produce something that was actually recognisable.

I did a few morning walks with the walking group before the lockdowns happened.

I enjoyed fortnightly work outs at line dancing sessions revising dances I'd learned many years before and learning new ones.

I went to an interesting talk about art appreciation so now I look at some art works in a different way.

There are several other groups that I'm hoping to join eventually when I have a bit more time. So, next time someone asks you. What do they do at U3A? Ask them how long they've got for your answer.



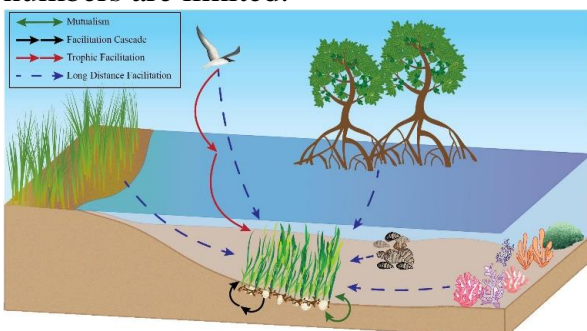
Come along to the Computer/Laptop group on Wednesday mornings to learn tips and share ideas.

DRAWING CLASS: Monday 18th September, 9am -12. Come along, equipped with your 2B, HB, and 6B pencils as well as your sketchbook. It is the plan to enjoy a morning of sketching, as well as being open to learning some added technique. The good company is a bonus!

FIRST NATIONS

Tuesday 12th September 4.30 – 5.30 pm
backroom Kanyana - **Lyndon's Story** – a short film about one of the stolen generation who was adopted and ended up in England.

A Days Outing is Being Planned - Ecology of South Western Victoria. **October 18th 10 am** Beginning at Lake Bookar followed by Lake Milangil. Philip de Guesclin will talk about Ramsar Wetlands, Bird Life and Fauna. Mike Raetz will discuss geology: rocks, soil. Tim Doak may be able to come along and discuss what lives in the water. We need to have bookings for this day: if you are interested, put your name down at the office as numbers are limited.



COURSES LIST

ARTS & CRAFTS

Drawing Class - Monday 18th September, 9am-12. Kanyana

Embroidery, - Thursday, weekly, 10am at Colac Library

Knitting & Crochet – 1st Wednesday, 6th September, 10am at Nu Deli Café.

Patchwork and Quilting, 4th Friday, 22nd September, 9.30 at Kanyana

Social Machine Embroidery – 3rd Sunday, 17th September, 10am at Kanyana

BRAIN FOOD

Book Club – 2nd Thursday, 14th September, 2-4pm at Library

Bridge – Monday, weekly 12-4pm Kanyana

Bridge – teaching session. Friday 29th Sept. at Kanyana. 12.15 - 2.45pm.

Colac Writers Guild – Tuesdays, weekly, 10am-12 at the Library.

Cryptic Crosswords – Thursdays, weekly, 11am-12 at Kanyana.

First Nations – 2nd Tuesday, 12th September at 4.30pm. at Kanyana

Mahjong –Wednesday, weekly at 1.30-4pm Kanyana

Puzzles – 1st & 3rd Monday 4th & 18th Sept. at 10am. Colac Library

Shakespeare – in recess until Term 4 (Oct.)

Social Cards & Scrabble – Tues & Thurs, weekly 10am-12 at Kanyana.

What's in the news – 2nd & 4th Mondays, 11th & 25th, Sept. 11am. at Kanyana

LANGUAGES

French Conversation – Mondays, weekly, 2.30 at Colac Library

Beginners French – Mondays, weekly, 1pm at Library. Not during school holidays.

Italian – Wednesdays, Weekly, 3:30pm Kanyana. Back room. Not during school holidays

HEALTH & WELLBEING

Bushwalking – 2nd & 4th Wednesdays, 13th & 27th Sept. 9am at various locations, see Office.

Cycling – SLICS – Mondays, weekly, 9am. at Botanic Gardens playground.

Dancing on Tuesdays – Tuesdays, weekly, 3 – 4pm. at Kanyana B.

Tai Chi Beginners – Wednesday, weekly, 12.15-1.15pm. at Kanyana . 6th & 13th Sept.. Not during school hols.

Tai Chi Skill Builders – 1.30-2.45pm. Wednesday, weekly at Kanyana. . 6th & 13th Sept. Not during school hols..

Walking Group – Friday, weekly, 9-10am at Botanic Gardens.

SOCIAL INVOLVEMENT

Galloping Gourmets – check October Informer

Gardeners – Wednesday, 27th Sept. at 1pm. see newsletter for details

Let's have Dinner – 4th Wednesday, 27th September, 6pm. at East Hotel. Ph. Jacqui 0411296617 for bookings.

Life after Farming – Friday 8th September at 10.30 at Kanyana. All welcome.

Dog Treat - Friday, 8th September at 2pm. at Kanyana

MUSIC

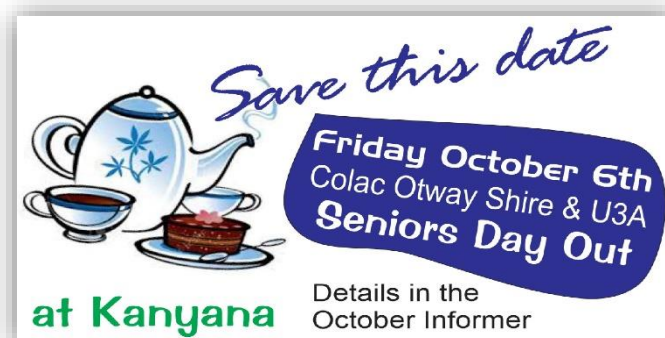
Classic Music 1 & 2 – 3rd Monday, monthly 18th September, at 6.30pm. at private homes. RSVP to your host.

A session just for September: Gustav Mahler and his symphonies. Sunday 24th September at 2pm at Kanyana.

TECHNOLOGY

Mackbooks, I pads, & I phones. – Thursday by appointment at Kanyana. Ph. Office.

Windows Laptop – Wednesdays, weekly, 10am at Kanyana



A COUPLE OF JOKES TO BRIGHTEN YOUR DAY.

"If there are any idiots in the room, will they please stand up", said the sarcastic teacher. After a long silence, one freshman rose to his feet.

"Now then mister, why do you consider yourself an idiot?" inquired the teacher with a sneer.

"Well, actually I don't," said the student, "but I hate to see you standing up there all by yourself."

According to unofficial sources, a new simplified income-tax form contains only four lines:

1. What was your income for the year?
2. What were your expenses?
3. How much have you got left?
4. Send it in.

Classes by week days - some are single session*, others are weekly, twice monthly or monthly
See course lists.

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun.
<p>9.00 Cycling-Slics</p> <p>9.00 Drawing</p> <p>10.00 Puzzles</p> <p>10.30 Activities C'tee meeting</p> <p>11am What's in the news</p> <p>1pm.French Beginners</p> <p>12.00 Bridge</p> <p>2.30 French Conversation</p> <p>6.30pm Classic Music - both groups.</p>	<p>10.00 Social Cards & Scrabble</p> <p>10.00 Committee Meeting</p> <p>10.00 Colac Writers Guild</p> <p>10:00 Shakespeare-Oct</p> <p>3.00 Dancing</p> <p>4.30 First Nations</p> <p>4.30 Photosynthesis & Science *</p>	<p>9.00 Bushwalking</p> <p>10.00 Windows Laptop Surface</p> <p>10.00 Knit. & Crochet</p> <p>12.15 Tai Chi – beg. 1.30 Tai Chi - skill</p> <p>1.00 Gardeners</p> <p>1.30pm Mahjong</p> <p>3.30 Italian</p> <p>6:00pm Lets Have Dinner</p>	<p>10.00 Social Cards</p> <p>10.00 Embroidery</p> <p>11.00 Cryptic Xwords</p> <p>1.30 Mac, iPad, iPhone</p> <p>2.00 Book Club</p>	<p>9.00am Walking</p> <p>9.30 Patchwork & Quilting</p> <p>10.30 Life after farming</p> <p>12:15 Bridge beginners</p> <p>2.00 Dog Treat*</p>	<p>Sat</p> <p>Sun</p> <p>12.00 Social Machine Embroidery</p> <p>2.30 Gustav Mahlar*</p>