



Colac Otway Learn Laugh Live

Phone: 5231-4435

Email: u3acolaco@gmail.com

Website: u3acolacotway.org.au

Facebook: [U3A Colac Otway](https://www.facebook.com/U3AColacOtway)

Members of U3A Colac Otway can also access and participate in programs offered by –

Apollo Bay U3A - <https://www.apollobay.vic.au>

Corangamite, U3A - <https://u3acorangamite.org.au>

The INFORMER

Volume 18

Issue 2, March 2024

Easter Holiday – Fri, 29/3 – Tues, 2/4/24

Labour Day Holiday – 11th March.

CLASSIC MUSIC GROUP 2 enjoyed an informative and enjoyable exploration of some of the music that Napoleon Bonaparte was passionate about. In addition to this we listened to Beethoven, Tchaikovsky and Berlioz. What a feast of music it was! Thanks to Peter, Rosemary and Garry for making this possible. An added bonus was that Jonathan from OCRFM recorded the evening. Be sure to watch the Informer for the date and time to tune in. To conclude the evening we shared a delicious supper and chatted with one another.



Classic Music group 2 – lovely music and food

MARK YOUR DIARIES-

U3A Colac Otway AGM will be held on **Tuesday 16th April** from 11am – 1pm at **Kanyana**. Come along and hear about the year's happenings, followed by a light lunch and some chatter.

BIRDS (LIFE AFTER FARMING)

Kanyana on Friday 8th March at 10:30.

Using the Life After Farming timeslot, but inviting all interested U3A members, you are welcome to attend a presentation on local bird species by Ian Davies. Ian and Adam Fry wrote about and photographed birds for their local field guide, "Colac Otway Birds". It includes photographs of every species in the region. One of their favourite places is Lake Colac where they have recorded over 100 species. Everyone is welcome. Please book at the U3A office by calling 5231 4435.

COINS

Jim Prigg will present a session on Pre-decimal Australian coins to interested U3A members on Friday 22nd March from 10-12 at Kanyana. Included in the session will be examples and valuable specimens, a question and answer segment and evaluation of coins or notes attendees might bring along.

Everyone is welcome to come along and hear about Coins.

Please book at the U3A office - 5231 4435.



COMMUNITY POLICE

Senior Constable Stephanie Ward will present information about Community Policing in the Colac area on Tuesday 19th March at Kanyana from 12 noon until 1:30. Neighbourhood Policing ensures local community concerns are central to decision making and result in local police being more visible and accessible to their local community and are actively listening to their community. Come along and see how this works in Colac. BYO lunch.

CHESS

Members interested in playing a friendly game of chess should meet at 2.30pm-4pm. on Friday, 15th March at Kanyana. A discussion will decide on times and frequency of sessions.

CELTIC MUSIC GROUP

Colac U3A presents a new Celtic music group on the first Sunday of the month,

3.00 pm to 5.00 pm at Kanyana.

Calling on local musicians to join the group. We are basing the group on the popular

Birregurra Celtic

group which ran for 4 years. All previous Birre members are welcome to join U3A.

Celtic music encompasses jigs, reels, polkas, waltzes and songs. We

encourage classically trained musicians (violins, flutes etc) to take up this new style of music. Instruments include whistle, flute, concertina, accordion, fiddle, harp, bodhran, guitar, banjo, mandolin, ukulele, autoharp. The music can be fun and joyful when played as part of a group. Performance opportunities available. Inquiry: 0458 082 330.



LET'S HAVE DINNER

The next dinner is booked at the Colac City Bowls Club, Gravesend St, on the fourth Wednesday of the month, 27th March 2024 at 6pm. Please ring Jacqui on 0411 296 617 by Friday 22nd March to book if you would like to attend this evening.

GARDENERS

Gardeners and all U3A members are invited to a morning of creativity demonstrated by Florist Lyn Armistead. Designing from your garden using nature and colour. Back Room at Kanyana on Tuesday March 26th, 10-11.30am. - PLEASE BOOK AT THE OFFICE

FIRST NATIONS

Following our February session when we spoke about the year ahead and how we may have experienced First Nations issues throughout our lives, this second session will follow up on this reflection if there are further thoughts on the matter. We will then look at a presentation prepared by Mornington U3A in which various concepts relating to understanding Aboriginality are discussed. This is a wide lens treatment and will give us further discussion points. Our March session is on Wednesday the 27th at 3pm. Be great to see you there and if you were not able to attend in February, no problems, our sessions do not depend on prior attendance.

GALLOPING GOURMETS

Our next "Gourmet" lunch will be at the Timboon Railway Shed Distillery, 1 Bailey St, Timboon, on Thursday 21st March, starting at 12:30. The railway shed dates back to the 1800s and has been beautifully restored with many original features maintained. Lunch is served on the covered deck and consists of modern Australian cuisine and cafe food. The Distillery produces single malt whisky, vodka and liqueurs in the restored railway shed. Whisky tastings are available too. Numbers are limited and need to be confirmed by Thursday 14th March. Please book by ringing Sandra on 0428 284 084. Also please contact Sandra if you book in and then find you are unable to attend. Your place can be allocated to someone else. With the glorious weather we are having, this could be an opportunity to make a longer day of your trip and try some of the venues and foods available along the 12 Apostles Food Artisans Gourmet Trail. Enjoy some of the best foods that our district has to offer and stock up the fridge.

LINE DANCING - **New**

Hi all, we have Line dancing on Friday the 8th March 1.30 to 2.30pm in the back room.

Just the one session at the moment.



SLICS

The next cyclists out-of-town ride will be on Monday 18th March. All rides start at 8.30 am.

Cyclists by the sea.



KNITTING/CROCHET. This will be our first meeting for 2024. We will hold it at Nu-Deli Café on 6th March, 10 a.m – 12. If you want to attend, then it is important to phone Sue Reid the night before as it is required that she book for numbers. Her phone number is 0428120251.

MINGLE AND MUNCH, bring your own lunch, cuppa available, enjoy the company. Every Tuesday 12 - 1.30pm weekly in March at Kanyana.

COMING EVENTS

BACKGAMMON

We hope to start 2nd term, after Easter and possibly on a Wednesday morning 10-12. Please put names down at the office.



ARTIFICIAL INTELLIGENCE

In April, Father. Jeremy Morgan will hold an information session on AI, the new thing in our lives. Jeremy has been following the development of this technology with enthusiasm and is keenly interested in its place in our world. Next month's Informer will give details.

Ecology by Professor Euan Ritchie

The Science at U3A Community of Practice is starting 2024 with a presentation by Professor Euan Ritchie from Deakin University. One of Australia's most prominent science communicators, Professor Euan Ritchie has a deep passion for understanding, managing, and protecting our remarkable ecosystems and wildlife.

Topic: The Importance of Ecology in an Australian and Global Context.

When: March 18th, 12.00 - 1.00 via Zoom.

You might like to advertise this presentation to your members and/or make an event of it at your U3A. To register for the event, contact Nellie at epo@u3avictoria.org.au.

COURSES LIST

BRAIN FOOD

Book Club – 2nd Thursday 14th March, 2-4pm at Library.

Bridge – Monday, weekly 12-4pm Kanyana

Bridge – teaching session. **No session in March.** 12.15-2.45pm

Chess – Resume on Friday 15th March at Kanyana 2.30-4pm.

Colac Writers Guild – Tuesdays, weekly, 10am-12 at Library. New members welcome

Cryptic Crosswords – Thursdays, weekly, 11am-12 at Kanyana F.

First Nations – 27th March at 3pm. see Informer

Mahjong – Wednesday, weekly at 1.30-4pm Kanyana.

Puzzles – 1st & 3rd Monday at Colac Library 4th & 18th March. 9am.

Social Cards – Tues & Thurs, weekly 10am-12 at Kanyana. Social cards now includes '500' .

News with a Twist – 1st & 3rd Friday, 11am at Kasnyana. 1st & 15th March.

LANGUAGES

French Conversation – Mondays weekly 2.30-4.30pm. Colac Library - **Library closed 11th March**

Beginners French – Mondays, weekly, 1-2.15pm **Library closed 11th March**

SOCIAL INVOLVEMENT

Coins – Friday, 22nd March 10-12noon at Kanyana

Galloping Gourmets
Thursday 21st March.. see Informer for details.

Gardeners
Tuesday 26th March. see Informer for details.

Let's have Dinner
4th Wednesday, 27th March, see Informer.

Life after Farming
Friday 8th March. See Informer for details.

Community Police Talk – Tuesday, 19th March at Kanyana 12noon -1.30 see Informer.

Mingle & Munch, Tuesday 12 - 1.30pm weekly for March at Kanyana

HEALTH & WELLBEING

Bushwalking – 2nd & 4th Wednesdays, 9am. 13th & 27th March.

Cycling – **SLICS** – Mondays, weekly, 8.30am. at Botanic Gardens playground. O-O-T ride 18th March.

Dancing on Tuesdays – Tuesdays, weekly, 3 – 4.30pm. at Kanyana B. Lesson 3-3.30pm, 3.30-4pm dance practice.

Line Dancing – Friday 8th March, 1.30-2.30 at Kanyana. Just 1 session at the moment.

Tai Chi/Qi Gong – Wednesday (excluding school holidays) at Kanyana .
12.15-1.15pm beginners,
1.30-2.45 skill builders

Walking Group – Friday, weekly, 9-10am. meet at Botanic Gardens main gate,

MUSIC

Classic Music –both groups
3rd Monday 18th March at 6.30pm. see Informer

Celtic Music – First Sunday, 3-5pm at Kanyana, 3rd March, See Informer

Exploring Popular Music – Monday 4th March, at Kanyana. 10.30-12. **Not on 4th Monday.**

ARTS & CRAFTS

Drawing Class - 9am Monday, 18th March, Topic will be “Shadows”

Embroidery, - Thursday, weekly, 10am at Colac Library.

Knitting & Crochet 10am. First Wednesday 6th March, **10-12noon** see Informer

Patchwork and Quilting 4th Friday, 22nd March starting 9:30 -12noon at Kanyana

Social Machine Embroidery – 3rd Sunday, 17th March at Kanyana, 10am. BYO sewing machine.

TECHNOLOGY

Windows Laptop – Wednesdays, weekly, 10am at Kanyana

Office - 55 Hesse Street, Colac VIC 3250

Open daily - 10am-12noon

Phone: 5231 4435

Email: u3acolaco@gmail.com

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U3A Colac Otway Inc is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Richard Riordan MP.

U3A Committee: Rosemary Richardson (Pres), Clare Short (Min.Sec), Jenny

Todorovic,(Corr.Sec) Robyn Perrin (Treas), Judy Comley, Rod Morgan, Juli Farquhar, Margaret Evans, (members) Cheryl Lang (media)**U3A**

Other Positions: Janet Forbes (Membership) Barbara Gower (Office manager), Vivienne Wheeler (Informer Editor)

Classes by week days - some are single session*, others are weekly, twice monthly or monthly

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun.
<p>9.00 Drawing class</p> <p>8.30 Cycling-Slics</p> <p>9.00 Puzzles</p> <p>10.30 Activities C'tee meeting</p> <p>10.30 Exploring Popular Music</p> <p>12.00 Bridge</p> <p>1.00 Beginners French</p> <p>2.30 French Conversation</p> <p>6.30 Classic Music- both groups.</p>	<p>10.00 Social Cards</p> <p>10.00 Committee Meeting</p> <p>10.00 Colac Writers Guild</p> <p>10.00 Gardeners</p> <p>12.00 Mingle & Munch</p> <p>12.00 Community Police Talk*</p> <p>3.00 Dancing</p>	<p>9.00 Bushwalking</p> <p>10.00 Windows Laptop Surface</p> <p>10.00 Knitting & Crochet</p> <p>12.15 Tai Chi – beg. 1.30 Tai Chi - skill</p> <p>1.30pm Mahjong</p> <p>3.00 First Nations</p> <p>6pm Let's have dinner</p>	<p>10.00 Social Cards</p> <p>10.00 Embroidery</p> <p>11.00 Cryptic Xwords</p> <p>12.30 Galloping Gourmets</p> <p>2.00 Book Club</p>	<p>9.00 Walking</p> <p>9.30 Patchwork & Quilting</p> <p>10.00 Coins *</p> <p>10.30 Life after Farming (Birds)</p> <p>11.00 News with a Twist</p> <p>1.30 Line Dancing*</p> <p>2.30 Chess *</p>	<p>Sat</p> <p>Sun</p> <p>10am. Social Machine Embroidery</p> <p>3.00 Celtic Music</p>