

U3A

Colac Otway

Learn Laugh Live

Phone: 5231-4435

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Facebook: [U3A Colac Otway](https://www.facebook.com/U3A-Colac-Otway)

Members of U3A Colac Otway can also access and participate in programs offered by –

Apollo Bay U3A - <https://www.apollobay.vic.au>

Corangamite, U3A - <https://u3acorangamite.org.au>

The INFORMER

September 2025

School Holidays -22nd Sept. to 3rd October

PRESIDENT'S REPORT

We are delighted to share that a very special member of our U3A - **Barb Gower** - has been selected for an award in Melbourne in recognition of her outstanding volunteering efforts. This well-deserved honour also makes the perfect opportunity to acknowledge all the wonderful volunteers who help make our U3A the vibrant, supportive and enjoyable place it is. Thank you to our -*Activity Leaders, *Activity Committee *Office Volunteers *Office Manager *Kitchen Monitor *Informer Editor *Committee of Management - To every one of you, thank you for everything you do to keep our U3A thriving. Looking forward to seeing you at our Spring Luncheon.

Rosemary Richardson

MEMBERS SOCIAL GET-TOGETHER

U3A Committee invite you to a soup and sandwich lunch.

An added attraction will be entertainment from our own Celticana music group at

12.30 on **Friday, 5th September at 12noon.** Book at the office for catering.



LIFE AFTER FARMING

All welcome to "Water Matters In Colac"

Join Barwon Water's Emma Homes to talk about all things water in the Colac region. Learn about Colac's water supply and how Barwon Water is monitoring and responding to water security. Find out how Colac's world leading Renewable Organics Network (RON) is helping the town's water reclamation plant run on clean, green and low cost energy. Darren Milverton will also attend to share information about his role-Sustainable Water and Business Customer Relations Advisor.

Kanyana, **Friday 12th September, 10:30**

INDOOR BOWLS

Why not come along to Indoor Bowls? It's great exercise, it's fun, and if you've never played before, it's the perfect chance to try something new. If you find bending over difficult, don't let that put you off. Come and explore the other options.

Kanyana back room, Tuesdays, 1pm



CELTICANA

There is a replacement date for monthly Celticana session due to Father's Day. Now that the days are getting longer the new time is 3-5pm. **Sunday 14th September at Kanyana.**

POOL

Pool is held in the front room at Kanyana on most **Tuesdays afternoons at 1pm** except for the first Tuesday of each month. New players welcome.



TABLE TENNIS - U3A has purchased 2 tables and play will commence when the tables arrive. Members who have expressed interest will be contacted. Table tennis will be on Friday afternoons in the back room.

SUNDAY SESSIONS

Doug Kirkman

We all know Doug, the leader of the Cryptic Crossword group, he's always lots of fun and laughter. However this time, Doug will be sharing some favourite tunes on his button accordion and mouth organ.

Garry Richardson

Familiar jazz songs may come with familiar words, but have you ever wondered about the stories behind those words? Come and hear the stories and maybe sing along. Two presentations you won't want to miss, plus afternoon tea to enjoy. All welcome.

Sunday 21st September, 2pm at Kanyana

Sunday session July report

Robyn Currie and Judy Billing

A nostalgic session and a lovely way to reconnect with local history and personal stories. Judy shared her father, Bill Kreek's involvement in various businesses in Colac, including the Hi-Lite Cafe. Robyn shared her research into some of the businesses and families in a section of Murray Street. Over a cuppa, there was lots of reminiscing, swapping stories and smiling at fond recollections. Thank you both and we look forward to more.



Sunday session August report

A wonderful turn out to hear Margaret talking about trekking in Nepal (has been 14 times) sharing the highs and lows of her journeys. She described the accommodation which ranged from tea houses to more comfortable lodges.

The scary roads, steep tracks and challenging river crossings added to the adventure and sometimes tested her nerves. Despite the tough conditions, there were plenty of highlights, marvellous views, friendly people and some retail therapy. Margaret wore her trekking clothes and Sandra and Trina who have trekked with Margaret, wore outfits purchased in Nepal. A delicious afternoon tea to finish the day. Thank you Margaret.

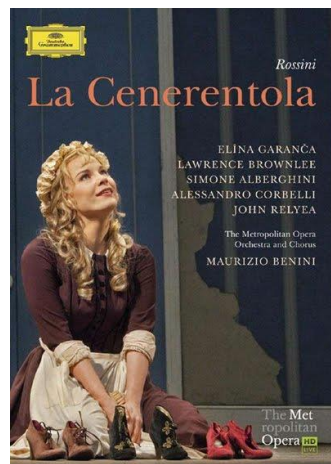


OPERA

La Cenerentola (Cinderella) Houston Opera
This month, for the first time, a joint activity for four U3As (U3A Melbourne City, Moonee Valley, Hobson's Bay and Colac Otway) is being hosted here in Colac. A screening of Rossini's opera, performed by the Houston Opera, will be screened at Kanyana. All Members are most welcome to join us and experience the warm friendship and enthusiasm for music as we enjoy Rossini's opera, together. Following their trip from Melbourne, join us to enjoy some **Morning Tea at 10.00 am** prior to the screening commencing at **11.00am**.

Please inform the Office if you would like to attend by no later than Friday 12 Sept. to help with seating and catering requirements. Come and join us, you're welcome to try something new.

Wednesday 17th September at Kanyana, 10am.



KNITTING & CROCHET:

Last meeting for the year, Monday 6th October, will be a trip out of town - to drive to Creswick for morning tea and knitting, lunch, and visit Creswick Woollen Mill. Please ph. Sue (0428120251) if you are interested, or, come along on **Monday 1st Sept. 10 a.m.-12 noon at the Lake View Café, Colac**

GALLOPING GOURMETS

Our next Gourmets lunch is booked at Emerge, in their new venue beside the Little Ryrie St Carpark, Geelong, on Thursday 11th September. Emerge focuses on steak and features wagyu, as well as in house dry aged steaks. They also feature a variety of other tasty protein and vegetable dishes, prepared simply and with beautiful flavour using local produce. Please register with Sandra on 0428 284 084 by Saturday 6th September if you want to attend. Emerge Steakhouse, 31 Little Ryrie St, Geelong, **Thursday 11th September, 12:30**

LET'S HAVE DINNER

The next dinner is booked at the Colac East Pub, Dalton St, on the fourth Wednesday of the month, at 6pm. Please ring **Sandra** on 0428 284 084 to book by Friday 19th September if you would like to attend. **Wednesday, 24th September, 6pm.**

GARDENERS

We will be visiting a newly established nursery. Please book at the office including if you require transport. All U3A members are welcome. K Valley Plants -15 Maxwells Rd, Kewarren.

Thursday 25th September 1.00PM.



Future gardeners' activity

Several people have expressed interest in an information session on Bonsai. Please put your name down at the Office if you are interested in Bonsai.

EXPLORING POPULAR MUSIC

The September session focuses on TV and movie themes. It should be a bit of fun trying to match the tunes with the relevant shows. Most of the themes will be from the 60's, 70's and 80's. You may be surprised at what you remember.

Tuesday 2nd September at 1pm at Kanyana.

The October theme will be **The Aussies**. Please remember to bring a list of three or four of your favourite Australian songs and performers this month so we can compile a list that is representative of the whole group.

FIRST NATIONS

The third term of five weeks for our First Nations group has been rescheduled and will now start on **Tuesday the 2nd September and run weekly with the last session on Tuesday the 30th September.**

There is a lot to discuss with the Yoorrook Justice Commission outcome recently announced and the challenge for attention to First Nations issues with the wider world events also demanding our focus. I look forward to seeing you on the 2nd to discuss such issues and to lift our awareness of current matters. Sessions start at 10-11:30am.

LAW BEHIND THE NEWS

Charles has left us to go overseas backpacking with his daughter, so Thursday 4th September cancelled - next session is **10.30am Thursday 18th September**, at Babil Oddfellows Restuarant

SLICS, BUSHWALKERS and WALKERS

A 5 day trip to Clare Valley in September should be lots of fun. Contact Sue, 0419136704 for info.

COURSES LIST

MUSIC

Classic Music –both groups -3rd Monday 15th September at 6.30pm.

Celticana Music – Sunday, 14th September at 3-5pm at Kanyana. - Not the 7th. See Informer

Exploring Popular Music – 1st Tuesday, 2nd September at 1pm. Kanyana See Informer.

Opera – Wednesday 17th September, at Kanyana

Singing – 4th Thursday, 25th September, 4-5pm at Kanyana

SOCIAL INVOLVEMENT

Galloping Gourmets – Thursday, 11th September at 12.30. See details in the Informer

Gardeners – Tuesday, 25th September, 1.00pm. See Informer for details.

Let's have Dinner – 4th Wednesday 24th September at 6pm. Colac East Pub. See Informer for details.

Life after Farming – 2nd Friday, 12th September, 10.30am Kanyana See Informer

Sunday Session – 3rd Sunday, 21st September, 2pm. at Kanyana. See Informer

LANGUAGES

French Conversation – Mondays weekly 2-4pm. Colac Library. Note earlier time

HEALTH & WELLBEING

Bushwalking – 2nd & 4th Wednesdays at 9am. 10th & 24th September. Details thru the office.

Cycling – SLICS – Mondays weekly at 9am. Meet at Botanic Gardens BBQs. See Informer.

Indoor Bowling – Tuesday weekly, 1-2.30pm at Kanyana

Line Dancing – 1st & 3rd Thursdays, 1.30–2.30 at Kanyana. 4th & 18th September

New Vogue & Old Time Dancing – weekly Tues. 3-4.30pm. At Kanyana

Western Partner dancing – 2nd & 4th Thurs, at Kanyana. 1.30-3pm. 11th & 25th September.

Pool – Weekly on Tuesdays at 1pm. at Kanyana

Tai Chi/Qi Gong – Wednesdays weekly
Beginners 12.15 -1.15 Skill-builders 1.30-2.30.
Not 17th or 24th - 3rd & 10th September only.

Walking Group – Fridays weekly at 9am. Meet at Botanic Gardens gate followed by a Cuppa

ARTS & CRAFTS

Drawing with Judith –4th Monday, 22nd September at 10am.at Kanyana – **Drawing Birds**

Embroidery Plus - Thursday, weekly- 10am at Colac Library. New members welcome.

Knitting & Crochet- 1st September at 10am at Lake View Café – See Informer for more details

Patchwork & Quilting – 2nd & 4th Friday, 12th & 26th September 10-4pm at Kanyana

Social Machine Embroidery –3rd Sunday 21st September 10-4pm. at Kanyana

Watercolour – 2nd Monday, 8th September at 10.30am. Kanyana- **Exploring the colour-wheel**

TECHNOLOGY

Computers, ipads & Phones – Wednesdays, weekly 10am Kanyana - Not on 3rd or 17th Sept

BRAIN FOOD

Backgammon – Wednesday weekly, 10am-12noon at Kanyana -

Book Club 1 – 2nd Thursday 2-4pm. at the Colac Library. 11th September

Book Club 2 – 2nd Tuesday 2-4pm.at at Lake Colac Bowling Club. 9th September

Bridge – Monday, weekly 12-4pm Kanyana

Bridge teaching session – Not in September

Chess – 2nd & 4th Mondays, 8th & 22nd Sept. 1.30-3.30pm at Kanyana. Beginners welcome

Colac Writers Guild – Tuesdays, weekly, 10-12 at the Library.

Cryptic Crosswords – Thursdays, weekly, 11am-12 at Kanyana

First Nations – Tuesday weekly, 10-11.30am at Kanyana. See details in the Informer

Law behind the news – 1st & 3rd Thursdays, at 10.30am at Babil. 18th Sept. See Informer

Mahjong –Wednesday, weekly at 1.30-4pm at Kanyana.

Social Cards – Tues & Thurs, weekly 10am-12 at Kanyana.

Trivia with a twist – 1st & 3rd Mondays 10-12 at Kanyana. 1st & 15th September

Office - 55 Hesse Street, Colac VIC 3250
Open Mon-Friday - 10am-12noon
Phone: 5231 4435

Email: u3acolaco@gmail.com

Website: u3acolacotway.org.au

U3A Colac Otway Inc is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Richard Riordan MP.

U3A Committee: Rosemary Richardson (Pres), Clare Short (Vice Pres.), Margaret Evans (Sec), Robyn Perrin (Treas), Judy Comley (Liaison Officer), Jenny Todorovic, Rod Morgan, Juli Farquhar, Jim Ryan, Cheryl Lang (social media), Janet Forbes (memberships) Rod Amos (website).

U3A Other Positions: Barbara Gower (Office manager), Vivienne Wheeler (Informer Editor)

Classes by week days – some are single session*, others are weekly, twice monthly or monthly

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun.
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9.00 Activities C'tee meeting	10.00 Social Cards	9.00 Bushwalking	10.00 Social Cards	9.00 Walking	Saturday
9.00 Cycling-Slics	10.00 Committee Meeting	10.00 Opera*	10.00 Embroidery +	10.00 Patchwork & Quilting	
10.00 Drawing	10.00 Colac Writers Guild	10.00 Backgammon	10.30 Law behind the News	10.30 Life after Farming	
10.00 Trivia with a twist	10.0 First Nations	10.00 Computers	11.00 Cryptic Xwords	12.00 Social Get Together*	
10.00 Knitting & Crochet	10.00 Indoor Bowls	12.15 Tai Chi - Beginners	12.30 Galloping Gourmets	12.15 Bridge teaching.	
10.30 Watercolour	1.00 Pool	1.30 Skill Builders.	1.00 Gardeners		Sunday
12.00 Bridge	1.00 Popular Music	1.30pm Mahjong	1.30 Line Dancing – 1st & 3rd weeks.		10.00 Machine Embroidery
1.30 Chess	2.00 Book Club #2	6.0 Let's have dinner	1.30 Western Partner Dancing – 2nd & 4th		3.00 Celticana Music Group
2.00 French Convers.	3.00 New Vogue Dancing		2.00 Book Club #1		2.00 Sunday Session
6.30 Classic Music- both groups.			4.00 Singing		

A group of 18 happy U3A members embarked on a degustation journey along the historic Bellarine railway. We were treated to panoramic views throughout the three hour train journey. Before we even boarded our Q Train at Drysdale, we were greeted with a guard of honour of beautifully uniformed staff, offering us a bubbly, an ale or a pink fruit concoction. Aboard the train we were treated to three courses of wonderfully presented meals made with locally sourced ingredients, skillfully put together by our chef. Our menu was the winter theme, there is a changing menu for every season. But wait....there was more to come on the journey back to Drysdale. A couple of leg stretch stops along the way and a 20 min stop in Queenscliff, we were treated to two more courses of delicious food. Conversation was never in short supply and everyone seemed to enjoy the day immensely.



Trip on the Q Train



Victorian Seniors Festival 2025

Celebrating Hank Marvin with Tony Forbes

Friday October 3rd 10.30am
Kanyana 55 Hesse St Colac



Fijian Lunch

Saturday October 11th 12 noon
Ss Johns' Church Hall
Pollack St Colac

Book your spot at the U3A office
5231 4435 10-12 Mon to Fri

Dance! Dance!

Sunday 19th October
Colac RSL 21 Murray St. Colac 1.30 - 4.30pm
Come along, kick up your heels or watch
the dancing and TaiChi fans demonstration

Please bring a plate of afternoon tea to share Admission \$5

Walking

Friday October 24th 9am
Meet at the Gate of
Colac Botanic Gardens

Have a coffee afterwards at the cafe



U3A Colac Otway 20th Anniversary

Tuesday 14th October 12-3pm

Guest Speaker Chris Meade

Hear how Chris's vision is revitalising the
Visitor Information Centre,
under the fresh name
Colac Unearthed

helping showcase
to visitors far & wide
everything our region
has to offer.



Good for the body

A Panel with the Originals

The original members will
share stories from the early days
through to the vibrant U3A
we are today



Good for the brain



Lets get together to celebrate 20 years
of learning, friendship and fun



Come for Lunch, Afternoon Tea, Memories and Laughter.
at KANYANA 55-59 Hesse St Colac

Please book at U3A office for catering 5231 4435 10-12 Mon to Fri