



Colac Otway Learn Laugh Live

Phone: 5231-4435

Email: u3acolaco@gmail.com

Website: u3acolacotway.org.au

Facebook: [U3A Colac Otway](https://www.facebook.com/U3AColacOtway)

Members of U3A Colac Otway can also access and participate in programs offered by –

Apollo Bay U3A - <https://www.apollobay.vic.au>

Corangamite, U3A - <https://u3acorangamite.org.au>

The INFORMER

October 2025

School holidays until 3rd October.



U3A Colac Otway 20th Anniversary

Tuesday 14th October 12-3pm

Guest Speaker Chris Meade

Colac Otway U3A



Good for the body

A Panel with the Originals

The original members will share stories from the early days through to the vibrant U3A we are today

Hear how Chris's vision is revitalising the Visitor Information Centre, under the fresh name **Colac Unearthed** helping showcase to visitors far & wide everything our region has to offer.



Good for the brain



Lets get together to celebrate 20 years of learning, friendship and fun



Come for Lunch, Afternoon Tea, Memories and Laughter.

at KANYANA 55-59 Hesse St Colac

Please book at U3A office for catering 5231 4435 10-12 Mon to Fri



Members' social get-together in September



Victorian Seniors Festival 2025

Celebrating Hank Marvin with Tony Forbes

Friday October 3rd 10.
Kanyana 55 Hesse St Colac

Cancelled



Cancelled

Fijian Lunch

Friday October 11th 12 noon
Ss Johns' Church Hall
Pollack St Colac

Book your spot at the U3A office
5231 4435 10-12 Mon to Fri

Dance! Dance!

Sunday 19th October

Colac RSL 21 Murray St. Colac 1.30 - 4.30pm

Come along, kick up your heels or watch the dancing and TaiChi fans demonstration

Please bring a plate of afternoon tea to share Admission \$5

Walking

Friday October 24th 9am

Meet at the Gate of

Colac Botanic Gardens

Have a coffee afterwards at the cafe



Apologies for these cancellations –
out of U3A control.

Barb Gower

with her recognition award for outstanding volunteering to U3A.

Presentation ceremony in Melbourne with 15 other recipients from across Victoria.

We all appreciate you Barb.



KNITTING/CROCHET.

Road trip to Creswick on **Monday 6th October** for Morning tea, Creswick woollen mills and lunch. Leaving from car park near Bluewater (top of car park across from milk bar and Queen street) at 8:30am. We will car pool. Please phone if interested. Sue 042812051. This is the last Knitting/Crochet group meeting until March 2026.

WATERCOLOUR

Please note-Change of date and now in the Back room at Kanyana. Bring along your usual materials. This month we will be working on "using your brushes for painted marks". It is an interesting way to create images without much effort. **Mondays October 6th & October 20th, 10.30**



Juli giving some instruction in Chess

SUNDAY SESSIONS

Doug Kirkman

We all know Doug, the leader of the Cryptic Crossword group, he's always lots of fun and laughter. However this time, Doug will be sharing some favourite tunes on his button accordion and mouth organ.

Garry Richardson

Familiar jazz songs may come with familiar words, but have you ever wondered about the stories behind those words? Come and hear the stories and maybe sing along. Two presentations you won't want to miss, plus afternoon tea to enjoy. All welcome.

Kanyana, Sunday 26th October, 2pm

LIFE AFTER FARMING

Have you ever considered owning a Porsche? Rohan, a dedicated enthusiast, will share some stories. If you are attending please ring Rosemary on 0407095 724 for information on where to meet. **Old Fonterra Factory, Cororooke, Friday 10th October, 10:30**

Life after farming coming up

November: 14/11/2025 The Siege of Glenrowan

December: 12/12/2025 Visit to Tarndwarncourt

LIFE AFTER FARMING

Life after Farming and Galloping Gourmets will combine to provide experiences at Cororooke in October. Everyone is welcome to join in either or both activities.

GALLOPING GOURMETS

Galloping Gourmets will visit The Stage Bistro at the Red Rock Regional Gallery and Theatre for lunch at 12 noon. The Bistro offers a choice of starters, light meals and larger meals. All desserts are made in house by award winning Chef, Jonathan Paine. The profits from the Stage Bistro are used to bring the Arts to the local community. Please ring Sandra on 0428 284 084 by Tuesday 7th October to book if you wish to attend the Gourmet's lunch.

Stage Bistro, 520 Corangamite Lake Rd, Cororooke, Friday 10th October, 12 noon

LIFE AFTER FARMING September report

Water Matters: We gathered to hear Emma and Darren from Barwon Water talk about water security. They explained Colac's innovative Renewable Organics Network - RON - that is helping the town's water plant run on clean, green low-cost energy.



DRAWING WITH JUDITH

As it's Spring, bring something from the garden. Coloured pencils or aquarelles essential. 10am.
27th October at Kanyana

LAW BEHIND THE NEWS

Charles has returned after being a backpacking groupie and is looking forward to more discussion with the group at Babil Restaurant, Thursday 2nd & 16th October, 10:30

LET'S HAVE DINNER

The next dinner is booked at the Colac East Pub, on the fourth Wednesday of the month, at 6pm. Please ring Sandra on 0428 284 084 to book by Friday 17th October if you would like to attend.

Colac East Pub, Dalton St, Wednesday, 22nd October, 6pm.



GARDENERS

Do you have an interest in Bonsai? Mary Eaton will run a session on care of your Bonsai. If you have some in your plant collection, bring them along for advice on the management of these fascinating plants. Book at the office.

Tuesday 7th October 10:30 at 26 Hesse St, Colac



Some of the 35 U3A visiting and local members who viewed the opera "La Cenerentola" in September

THE FIRST NATIONS group concluded their discussions for this year at the end of September. There are however many big ongoing issues that occupy this space and you are encouraged to explore them, as they affect us all - not just First Nations people. The recently signed Treaty is a significant one, explore it for yourself to have an informed response. In our discussions we looked at the life of First Nation artist **Emily Kam Kngwarreye** whose works are currently on display at the Tate Modern in London, her story "Emily, I am Kam" can be found on SBS-On Demand and is very much recommended. In these challenging times of Identity politics First Nations issues remain vitality important including the question, "Are we a multicultural Nation or are we simply multi ethnic"? We look forward to continuing discussions in 2026, hope you can join us.

COURSES LIST

MUSIC

Classic Music –both groups -3rd Monday 20th October at 6.30pm.

Celticana Music – 1st Sunday, 5th October at 3-5pm at Kanyana.

Exploring Popular Music – 1st Tuesday, 7th October at 1pm. Kanyana - **Aussie Music**

Singing – 4th Thursday, 23rd October, 4-5pm at Kanyana

SOCIAL INVOLVEMENT

Galloping Gourmets – Friday 10th October at 12noon. See details in the Informer

Gardeners – Tuesday, 7th October, 10.30am. See Informer for details.

Let's have Dinner – 4th Wednesday 22nd October at 6pm. Colac East Pub.

Life after Farming – 2nd Friday, 10th October, 10.30am. See Informer for details.

Sunday Session – 4th Sunday, 26th October, 2pm. at Kanyana. See Informer

LANGUAGES

French Conversation –Mondays weekly 2-4pm. Colac Library

HEALTH & WELLBEING

Bushwalking – 2nd & 4th Wednesdays at 9am.
8th & 22nd October. Details thru the office.

Cycling – SLICS – Mondays weekly at 9am.
Meet at Botanic Gardens BBQs. See Informer.

Indoor Bowling – Tuesday weekly, 1-2.30pm at Kanyana

Line Dancing – 1st & 3rd Thursdays, 1.30–2.30 at Kanyana. 2nd & 16th October.

New Vogue & Old Time Dancing – weekly Tues. 3-4.30pm. At Kanyana

Western Partner dancing – 2nd & 4th Thurs, at Kanyana. 1.30-3pm. 9th & 23rd October.

Pool – Weekly on Tuesdays at 1pm. at Kanyana

Table Tennis – Fridays weekly - **except last Friday** at 1pm. at Kanyana

Tai Chi/Qi Gong – Wednesdays weekly -mostly Beginners 12.15 -1.15 Skill-builders 1.30-2.30. 8th, 15th, 22nd & 29th October – **Not 1st Oct.**

Walking Group – Fridays weekly at 9am. Meet at Botanic Gardens gate followed by a Cuppa

ARTS & CRAFTS

Drawing with Judith –4th Monday, 10am. 27th October at Kanyana – **See Informer**

Embroidery Plus - Thursday, weekly- 10am at Colac Library. New members welcome.

Knitting & Crochet- Monday, 6th October – trip to Creswick **See Informer**

Patchwork & Quilting – 2nd & 4th Friday, 10th & 24th October 10-4pm at Kanyana

Social Machine Embroidery –3rd Sunday – 19th October 10-4pm. at Kanyana

Watercolour – Monday, 6th & 20th October at 10.30am. Kanyana Back room. **See Informer**

TECHNOLOGY

Computers, ipads & Phones – Wednesdays, weekly 10am Kanyana

BRAIN FOOD

Backgammon – Wednesday weekly, 10am-12noon at Kanyana -

Book Club 1 – 2nd Thursday 2-4pm. at the Colac Library. 9th October

Book Club 2 – 2nd Tuesday 2-4pm. at Lake Colac Bowling Club. 14th October

Bridge – Monday, weekly 12-4pm Kanyana

Bridge teaching session – 12.15-2.45pm. Friday 31st October

Chess – 2nd & 4th Mondays, 13th & 27th Oct. 1.30-3.30pm at Kanyana. Beginners welcome

Colac Writers Guild – Tuesdays, weekly, 10-12 at the Library.

Cryptic Crosswords – Thursdays, weekly, 11am-12 at Kanyana

First Nations – **See details in the Informer**

Law behind the news – 1st & 3rd Thursdays, at 10.30am at Babil. 2nd & 16th October

Mahjong –Wednesday, weekly at 1.30-4pm at Kanyana.

Social Cards – Tues & Thurs, weekly 10am-12 at Kanyana.

Trivia with a twist – 1st & 3rd Mondays 10-12 at Kanyana. 6th & 20th October

Office - 55 Hesse Street, Colac VIC 3250

Open Mon-Friday - 10am-12noon

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U3A Colac Otway Inc is grateful for the ongoing support we receive from the Colac Otway Shire, the State Government of Victoria, Richard Riordan MP.

U3A Committee: Rosemary Richardson (Pres), Clare Short (Vice Pres.), Margaret Evans (Sec), Robyn Perrin (Treas), Judy Comley (Liaison Officer), Jenny Todorovic, Rod Morgan, Juli Farquhar, Jim Ryan, Cheryl Lang (social media), Janet Forbes (memberships) Rod Amos (website).

U3A Other Positions: Barbara Gower (Office manager), Vivienne Wheeler (Informer Editor)

Classes by week days – some are single session*, others are weekly, twice monthly or monthly					
Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun.
8.30 Knitting & Crochet	10.00 Social Cards	9.00 Bushwalking	10.00 Social Cards	9.00 Walking	Saturday
9.00 Activities C'tee meeting	10.00 Committee Meeting	10.00 Backgammon	10.00 Embroidery +	10.00 Patchwork & Quilting	
9.00 Cycling-Slics	10.00 Colac Writers Guild	10.00 Computers	10.30 Law behind the News	10.30 Life after Farming	Sunday
10.00 Drawing	10.30 Gardeners	12.15 Tai Chi - Beginners	11.00 Cryptic Xwords	12.15 Bridge teaching.	
10.00 Trivia with a twist	12.00 20th Anniv. Lunch*	1.30 Skill Builders.	1.30 Line Dancing – 1st & 3rd weeks.	12.00 Galloping Gourmets	10.00 Machine Embroidery
10.30 Watercolour	1.00 Indoor Bowls	1.30pm Mahjong	1.30 Western Partner Dancing – 2nd & 4th	1.00 Table Tennis	3.00 Celticana Music Group
12.00 Bridge	1.00 Pool	6.00-Let's have dinner	2.00 Book Club #1		2.00 Sunday Session
1.30 Chess	1.00 Popular Music		4.00 Singing		
2.00 French Convers.	2.00 Book Club #2				
6.30 Classic Music-both groups.	3.00 New Vogue Dancing				